



Register Today!

YOGA CLASSES

Resumes on June 22, 2020 | Mondays Only

9 - 9:45 am Mat Yoga | 10 - 10:45 am Chair Yoga

Instructor: Susan Turnage

What you can expect when you visit the Ruthville Gymnasium:

- Advance registration is required for each class.
 - Schedule your class up to one week in advance.
 - Open to all ages.
 - To register call 652-1601.
- To attend patrons must:
 - Have a new registration form on file
 - Have a current unexpired monthly membership
 - Wear a face mask or covering
 - Consent to COVID-19 screening questions
 - Consent to a temperature check
 - Bring their own yoga mat, straps and/or blocks

